

EMERGENCY NUMBERS

9-1-1

This number is for **life-threatening** emergencies only.

Sheriff -(209) 223-6500

Non-emergency law enforcement questions, or report suspicious activity that is not dangerous.

Adult Protective Services -(209) 223-6550

Toll free - (1-844-835-3685)

Responds to reports of abuse (financial, emotional, and physical) of dependent adult or persons 65+.

Operation Care Crisis Line -(209) 223-2600

Talk to a trained volunteer if you are feeling overwhelmed or suicidal, or to report sexual assault or domestic violence.

Secret Witness-(209) 223-4900

Anonymous reporting of suspected crimes

Poison Control Center - 1-800-222-1222

Questions about effects and treatment for ingested substances for both people and animals.

Amador County Animal Response Team

Email only: info@amadoranimalresponse.org

Partners with emergency services to rescue and house animals of Amador County residents. Provides animal shelter and care when owners are forced to evacuate their homes as a result of a declared disaster and educates the public on disaster preparedness.

Poison Control Center - 1-800-222-1222

Questions about effects and treatment for ingested substances for both people and animals.

FINANCIAL ASSISTANCE

Amador Senior Center – (209) 223-0442

Provides for a free 30-minute session with a qualified financial advisor from Van Hulzen Asset Management. By appointment only.

Amador Tuolumne Community Action Agency (ATCAA) -(209) 223-1485

Assistance with energy bills and connection to other support programs for electricity or propane bills. Assistance to people facing foreclosure or homelessness.

MediCal -(209) 223-6550

Financial assistance for medical care for low income people.

Social Security - 1-877-545-5497

Main number for information about obtaining social security and questions about payments. No local number.

Society of St. Vincent De Paul (St. Katherine Drexel Church) – (209) 223-5865

Provides assistance for those in need of “loving and compassionate interest. If that interest calls for food, clothing or other assistance, so be it.”

FOOD RESOURCES

Amador County Health and Human Services -(209) 223-6550

Aids in registering for food benefits, insurance benefits and other state and local programs.

Amador Senior Center Meals -(209) 223-0442

Local delivery (Jackson and Sutter Creek area) available. Monday-Friday 11:30am-12:30pm at the Amador Senior Center in Jackson. Wednesday at the Plymouth City Hall and Thursday at the Lone Methodist Church. Call for details.

Common Ground Senior Services -(209) 223-3015

Home-Delivered Meals (Meals on Wheels) Frozen meals delivered during week and for weekends. Must be 60 or spouse of 60-year-old.

Interfaith Food Bank -(209) 267-9006

Distributes groceries, helps low income people apply for food stamps, WIC and other food-related support programs. Various community-wide EFAP (Emergency Food Assistance Program) distributions during month.

Senior Food Bank Distribution at Amador Senior Center on the 1st Wednesday of each month. Emergency Food Assistance Program (EFAP) Distribution at the Center is the 3rd Tuesday of each month. CALL THE FOOD BANK FOR REGISTRATION

Seventh Day Adventist Church Food Pantry -(209) 293-2124

Food Pantry open to clients of Interfaith Food Bank’s Emergency Food Assistance Program (EFAP) and Senior Food Program.

Food Bank of Eldorado County -(530)621-9950

Shingle Springs Band of Miwok Indians

Elders Outreach Food Distribution. Call Eldorado Food Bank for application and drop off sites

FOOD PICK UP SITES IN AMADOR COUNTY

GENERAL INFO AND ASSISTANCE

Amador Senior Center -(209) 223-0442

Operates the Amador Senior Center with various programs for Seniors: legal services, home repair/safety modification, caregiver support, and social and education activities.

Common Ground Senior Services -(209) 223-3015

Information about federally-funded services for people who are 60+. Includes transportation and Meals on Wheels.

Area 12 Agency on Aging -(209) 532-6272

Supportive services for people 60+ including caregiver respite funds, some medical equipment and occasional assistance with other financial needs.

Amador County Library -(209) 223-6400

Books, videos, computer access, audio books, research assistance. Books-At-Home program delivers materials to homebound residents.

Secret Witness-(209) 223-4900

Anonymous reporting of suspected crimes

American Legion Ambulance Company-(209) 223-2963

General information about ambulance services including out-of-county transport.

Ambulance tickets available at Senior Center (No air ambulance or Veteran tickets sold here)

Sheriff's "Hidden Key" Program -(209) 223-6500

Confidential form filed with sheriff's office indicating where you have a hidden key. This allows for more immediate access in case of medical emergency. Forms available at Senior Center.

Amador County Fire Protection -(209) 223-6391

Answers general questions about fire prevention and fire-related issues.

Amador Lifeline -(209) 223-1485 (ext. 232 or 246)

A program of Amador-Tuolumne Community Action Agency -- "Where help is just a button away! Local personal emergency response system. Office is local and units are installed by local volunteers. Limited number of units available for people who are low income and unable to afford the regular monthly contract.

Housing

Amador Tuolumne Community Action Agency (ATCAA) -(209) 223-1485

Maintains homeless shelter and has some funding for homeless prevention activities.

Legal Services of Northern California – Toll Free (800)660-6107 or (530)823-7560

Tenant's rights, wrongful evictions, subsidized housing, mobile home park issues, housing discrimination, homeowners facing foreclosure due to fraudulent schemes.

****SEE BACK FOR LISTS OF SENIOR LIVING OPTIONS****

PERSONAL CARE/CAREGIVERS

Access Home Care - Toll Free 1-(855)509-2273

In-home personal care, housekeeping, transportation and various other assistance.

Amador County Veterans Service -(209) 223-6476

Information and assistance to veterans and their families about benefits and services.

Area 12 Agency on Aging – Toll Free (800)510-2020 or (209)532-6272

Multipurpose Senior Services Program. The goal is to provide services to enable eligible clients to remain living at home as safely and independently as possible. call for eligibility.

Assist Care-(209) 257-4281

Local in-home care aids provide companionship, personal services and transportation.

In-Home Supportive Services Registry -(209) 223-6781

Registered in-home caregivers for qualified clients of the In-Home Supportive Services programs. Provides referrals for trained, screened caregivers to people on the IHSS program.

Interim Healthcare -(209) 223-9119

Local in-home care aids provide companionship, personal services and transportation.

Victory Village -(209) 223-2286

Various programs to assist veterans including housing, assistance with finding resources for jobs, and counseling. Provides some services to the community connecting reliable veterans with jobs that match their skill.

LEGAL ASSISTANCE

Amador County Conservator -(209) 223-6450

Legal guardianships and representative payee program.

Amador County Senior Citizens -(209) 223-0442

Local attorneys provide free half-hour consultations on simple legal matters such as wills, consumer issues, land lord tenant disputes. By appointment only.

Legal Services of Northern California – Toll Free (800)660-6107 or (530)823-7560

LSNC is a non-profit legal aid organization that provides free legal assistance to seniors in regards to tenant, landlord, insurance, unemployment and in-home care and CalFresh/CalWorks. **Family Law, Trusts, Wills and Probates are not a part of this program.**

Mother Lode Long Term Care Ombudsman -(209) 532-7632

Handles complaints and concerns regarding residents and care at skilled nursing facilities and residential care facilities. Investigates and provides mediation when needed.

MEDICAL HEALTH CARE

Amador STARS -(209) 267-1246

Answers questions about local and regional services available to cancer patients and survivors, provides free cancer patient transportation to radiation and chemotherapy treatments in San Joaquin, Sacramento, El Dorado, Calaveras and Amador counties.

Amador County Public Health -(209) 223-6407

Information about rabies, immunizations, food safety, West Nile virus, epidemics, bio-hazard events and child car seats.

Amador County Behavioral Health -(209) 223-6412

(Previously Mental Health Services)

Provides services for urgent mental health care, drug and alcohol counseling and court-appointed domestic violence counseling. Mobile crisis unit.

Sutter Amador Hospital -(209) 223-7500

24-hour emergency care. Acute care with full inpatient services. Outpatient services including Sleep Lab, Women’s Health Services, Pediatric Clinic and full radiology services.

Kit Carson Convalescent & Rehabilitation Facility -(209) 223-2231

Rehabilitation, long-term and hospice-skilled nursing care. Separate unit for patients suffering from dementia.

United Home Care -(209) 223-3866

Nurses, Physical Therapist, Occupational Therapist, Speech Therapist, Home Health Aides. Medicare/MediCal, private insurance and private pay. Requires order from primary health care provider.

Hospice of Amador & Calaveras - (209) 223-5500

In-home care for people who have a terminal disease and a family caregiver. Nursing, social work, and home health aides.

MEDICARE INSURANCE HELP

AREA 12 AGENCY ON AGING - HICAP -(209) 532-6272

Appointment with local counselor for free assistance information regarding Medicare (All parts: A, B, C, D and F) guidance on supplemental health insurance and long-term care insurance. Trained volunteers. Appointments at Amador Senior Center.

MEDICAL EQUIPMENT

Amador Senior Center - (209) 223-0442

Limited supply of walkers, wheelchairs and canes for LOAN. Referrals to other sources of medical equipment.

AREA 12 AGENCY ON AGING – (209)532-6272

MSSP program strives to help qualified, low-income seniors remain in their home with assistance.

DRAIL (Disability Resource Agency for Independent Living) -(209) 532-0963

Advocacy service providing wide variety of programs to promote and implement independent living for people with disabilities.

Ione Pharmacy & Medical Supplies -(209) 274-2432

Home medical equipment, shower equipment, hospital beds, transfer chairs, lift chairs.

SUPPORT GROUPS

SENIOR FRIENDSHIP LINE 1(888)670-1360

Institute on Aging Friendship Line California is a free crisis intervention hotline and a warmline for non-emergency emotional support calls.

Amador County Behavioral Health – Toll Free 1-(888)310-6555 or 223-6412

Provides support services in the areas of mental health and substance abuse. Provides referrals to other entities within the community.

Alzheimer’s Support Group -(209) 286-1910

Evening meeting held at Gold Quartz Senior Residence once a month. First hour open to public. Informational speakers.

Del Oro Caregiver Resources -1-(916)728-9333

Support for Caregivers to family members with a cognitive Impairing condition (Alzheimer’s, Parkinson’s, TBI, Stroke...)

Gold County Stroke Support Group -(209) 304-7212

Contact Mike Hewitt or Linda Zender at lzender@gmail.com

Senior Peer Visitors Program -(209) 223-0442

Trained senior volunteers provide support to other seniors who are facing depression or loneliness.

TRANSPORTATION

Amador Pioneer Cab - (209) 223-3335

Amador STARS –(209) 267-1246

Free transportation to cancer treatments in San Joaquin, El Dorado, Sacramento, Amador & Calaveras counties.

Amador Transit – Toll Free -1(877)-704-4297 or 267-9395

County-wide local transportation to Sacramento and Calaveras County. Provides limited Dial-a-Ride services in specific areas. **Amador Rides** (volunteer-based out-of-county transport) for medical appointments. CALL the Mobility Manager at 267-9395 for more info.

Silver Streak Transport- Toll Free (800)303-4799 or 223-3015

County wide local transportation. Call to schedule out of area trips.

Victory Village - 223-2286

Call to inquire on trips to local VA hospitals.

INTERNET LINKS FOR INFORMATION AND SUPPORT

Amador Senior Center

www.amadorseniorcenter.org

Amador County Network of Care

www.amador.networkofcare.org

Area 12 Agency on Aging

www.area12.org

Del Oro Caregiver Support

www.deloro.org

Amador Transit

www.amadortransit.com

www.amadortransit.com/amador-rides