

OCTOBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:45 Fun with Fitness 2:00 Res Coun Mtg	9:45 Fun with Fitness 1:15 Mike's Music Happy Birthday Jeanne	9:45 Fun with Fitness 1:30 BINGO 	9:45 Fun with Fitness 10:45 WalMart 1:30 BINGO 	9:45 Concert in the Street with Mike the Music Man 1:30 Bingo 
6	7	8	9	10	11	12
9:45 Gentle Fitness 10:45 Eucharistic Minister 1:30 Church	9:45 Gentle Fitness 10:45 Safeway 1:30 Activity	9:45 Fun with Fitness 11:00 PICKLE PATCH 1:30 Bingo (?)	10:00 Fun with Fitness 1:30 BINGO  Beauty Parlor Day	9:45 Fun with Fitness 1:30 BINGO 	9:45 Fun with Fitness 10:45 WalMart 1:30 CHRISTY - AAC** 	9:45 Fun with Fitness 1:30 BINGO 
13	14	15	16	17	18	19
9:45 Gentle Fitness 10:45 Eucharistic Minister 1:30 Church Happy Birthday Reba	9:45 Gentle Fitness 10:45 Safeway 1:30 Dog Therapy 1:45 Activity Happy Birthday Jean Roberts	9:45 Fun with Fitness 10:20 Larry's Music 1:30 BINGO 	9:45 Fun with Fitness 1:30 ICE CREAM SOCIAL (@ Machellee"s) Beauty Parlor Day	9:45 Fun with Fitness 1:30 BINGO 	9:45 Fun with Fitness 10:45 WalMart 1:30 Activity	9:45 Fun with Fitness 1:30 BINGO 
20	21	22	23	24	25	26
9:45 Gentle Fitness 10:45 Eucharistic Minister 1:30 Church	9:45 Gentle Fitness 10:45 Safeway 1:30 Activity	9:45 Gentle Fitness 1:30 Activity (Jan)	9:45 Fun with Fitness 1:30 Dog Therapy 1:45 BINGO  Beauty Parlor Day	9:45 Fun with Fitness 1:30 BINGO 	9:45 Fun with Fitness 10:45 WalMart 1:30 CHRISTY - AAC**	9:45 Fun with Fitness 1:30 BINGO 4:00 Christian Prayer 
27	28	9	30	31		
PLAID DAY 9:45 Gentle Fitness 10:45 Eucharistic Minister 1:30 Church	PAJAMA DAY 9:45 Gentle Fitness 10:45 Safeway 1:30 Activity	BLACK/OUT DAY 9:45 Fun with Fitness 1:00 Monthly BD Pty 1:30 BOWLING 	MISMATCH DAY 9:45 Fun with Fitness 1:45 Activity - Fill Candy Bags Beauty Parlor Day	COSTUME DAY 9:45 Fun with Fitness 1:30 BINGO  Hand Out Candy When it Gets Dark	*AMADOR ARTS COUNCIL - Christy	

*Group Discussion/Conversation Following Fitness

*Snacks are Approx at 11am and 3pm Daily