

MAY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						  
						1 9:45 Fun with Fitness 1:15 <i>Mike's Music</i> <i>Beauty Parlor Day</i>
5 9:45 Gentle Fitness 1:30 Activity 3:00 Church <i>Cinco de Mayo</i>	6 9:45 Gentle Fitness 10:45 Safeway 1:30 Activity	7 9:45 Fun with Fitness 2:00 <i>Res Coun Mtg</i>	8 9:45 Fun with Fitness 1:30 BINGO  <i>Beauty Parlor Day</i>	9 9:45 Fun with Fitness 1:30 BINGO 	10 MOTHER'S DAY TEA AMADOR RESIDENTIAL 10:00am - 2:00pm	11 9:45 Fun with Fitness 10:45 WalMart 1:30 BINGO 
12 9:45 Gentle Fitness 1:30 Activity 3:00 Church	13 9:45 Gentle Fitness 10:45 Safeway 1:30 <i>Dog Therapy</i> 1:45 Activity 	14 9:45 Fun with Fitness 1:30 BINGO 	15 10:00 Fun with Fitness 1:30 Activity/Craft HAPPY BIRTHDAY BETTY LOWE <i>Beauty Parlor Day</i>	16 9:45 Fun with Fitness 1:30 BINGO 	17 9:45 Fun with Fitness 10:45 WalMart 1:30 Activity/Craft	18 9:45 Fun with Fitness 1:30 BINGO  Armed Forces Day
19 9:45 Gentle Fitness 1:30 Activity 3:00 Church	20 9:45 Gentle Fitness 10:45 Safeway 1:30 Activity	21 9:45 Fun with Fitness 10:20 <i>Larry's Music</i> 1:30 BINGO 	22 9:45 Fun with Fitness 1:30 <i>Dog Therapy</i> 1:45 Activity/Craft  <i>Beauty Parlor Day</i>	23 9:45 Fun with Fitness 1:30 BINGO 	24 9:45 Fun with Fitness 10:45 WalMart 1:30 Activity/Craft	25 9:45 Fun with Fitness 1:30 BINGO 
26 9:45 Gentle Fitness 1:30 Activity 3:00 Church 	27 9:45 Gentle Fitness 10:45 Safeway 1:30 Activity HAPPY BIRTHDAY MARGERY SAWYER <i>Memorial Day</i>	28 9:45 Fun with Fitness 1:00 Monthly BD Pty 1:30 BINGO 	29 9:45 Fun with Fitness 1:30 Activity/Craft <i>Beauty Parlor Day</i>	30 9:45 Fun with Fitness 1:30 BINGO 	31 CAR SHOW OAK MANOR 11:00am - 4:00pm 	

*Group Discussion/Conversation Following Fitness

*Snacks are Approx at 11am and 3pm Daily