

FEBRUARY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					9:45 Fun W/Fitness 10:45 WalMart 1:30 Activity/Crafts Nat'l Freedom Day	9:45 Fun W/Fitness 1:30 Bingo Groudhog Day
3	4	5	6	7	8	9
9:45 Gentle Fitness 1:30 Activity 3:00 Church Happy Birthday Martha	9:45 Gentle Fitness 10:45 Safeway 1:30 Activity	9:45 Fun W/Fitness 2:00 Resident Council Meeting Chinese New Year	9:45 Fun W/Fitness 1:15 Mike's Music	9:45 Fun W/Fitness 1:30 Bingo	9:45 Fun W/Fitness 10:45 WalMart 1:30 Bingo Happy Birthday Patricia	9:45 Fun W/Fitness 1:30 Bingo
10	11	12	13	14	15	16
9:45 Gentle Fitness 1:30 Activity 3:00 Church Happy Birthday Marilyn	9:45 Gentle Fitness 10:45 Safeway 1:30 Dog Therapy 1:45 Activity	9:45 Fun W/Fitness 1:30 Bingo	9:45 Fun W/Fitness 1:30 Activity/Crafts	9:45 Fun W/Fitness 1:30 Valentine's Day Party Happy Valentine's Day	9:45 Fun W/Fitness 10:45 WalMart 1:30 Bingo	9:45 Fun W/Fitness 1:30 Bingo
17	18	19	20	21	22	23
9:45 Gentle Fitness 1:30 Activity 3:00 Church	9:45 Gentle Fitness 10:45 Safeway 1:30 Activity Presidents' Day Family Day	9:45 Fun W/Fitness 10:20 Larry's Music 1:30 Bingo	10:00 Fun W/Fitness 1:30 Activity/Crafts	9:45 Fun W/Fitness 1:30 Bingo	9:45 Fun W/Fitness 10:45 WalMart 11:00 OAK MANOR SINGING 1:30 Activity/Craft	9:45 Fun W/Fitness 1:30 Bingo 4:00 Christian Prayer
24	25	26	27	28		
9:45 Gentle Fitness 1:30 Activity 3:00 Church	9:45 Gentle Fitness 10:45 Safeway 1:30 Activity	9:45 Fun W/Fitness 1:00 Monthly B-day Party 1:30 Bingo	9:45 Fun W/Fitness 1:30 Dog Therapy 1:45 Activity/Craft	9:45 Fun W/Fitness 1:30 Bingo		
		*Group Discussion Following Fitness				

*Snacks are Approx. at 11am and 3pm Daily