




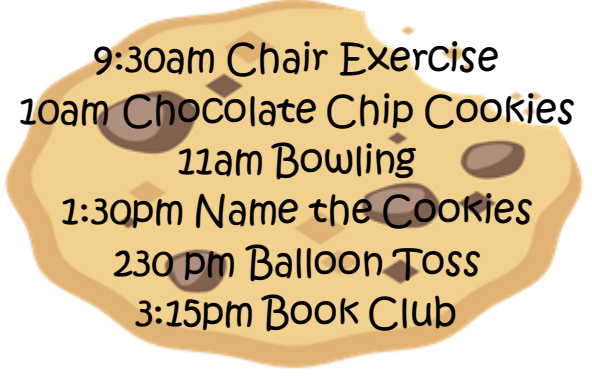
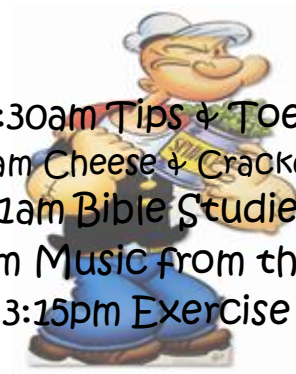


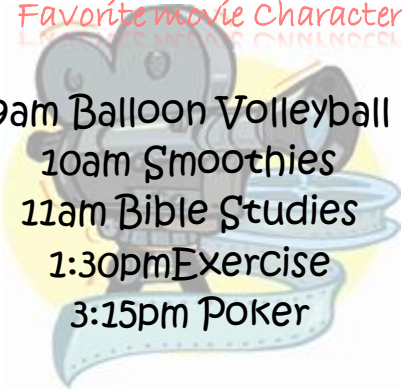


# MAY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<i>You can't go back and change the beginning, but you can start where you are and change the ending.</i>		<b>1</b> 9am Beauty Salon 10am BINGO 11am Music with Mike 1:30pm Exercise 2:30 pm Word Scramble 3:15pm Flower Painting	<b>2</b> 9:30am Chair Exercise 10:15am Tips & Toes 11am Snacks 1:30pm Movies	<b>3</b> <b>Star Wars Day</b> 9am Morning Yoga 10am Star Wars Trivia 11am Social with Your Team 1:30pm Music from the Past 	<b>4</b> <b>National Orange Juice Day</b> 9:30am Chair Exercise 10:15am Oranges 11am BINGO 1:30pm Scrapbook 2:30pm Snacks 3:30pm Canvas Painting
<b>5</b> Happy Cinco de Mayo  9am Chair Exercise 11am Chips & Salsa 11am Making Maracas 1:30 pm Facts/Trivia 2:15pm Sunday Service	<b>6</b> 9:30am Exercise 10:15am Coffee & Tea 11:30am Tell Us Something 1:30pm Find the Words 2:30 Resident Conceal 3:30pm Name the Flowers	<b>7</b> 9:30am Yoga Breathing 10am Lemonade and Chips 10:30am BINGO 1:30pm Word Scramble 3:30pm Book Club	<b>8</b> 9am Beauty Salon 10am Banana Smoothie 11am Music with Larry 1:30pm Chair Exercise 2:30 pm Name That Song 3:15pm Music Trivia	<b>9</b> 9am Chair Exercise 10am Bible Studies 11am Popsicle time 1:30pm Popcorn & A Movie 3:15pm Words That Start With M	<b>10</b>  9am Morning Exercise 11am-2pm Mother's Day Tea 3pm BINGO 4pm Music from The Past	<b>11</b> <b>Train Day</b>  9:30am Chair Exercise 10am Snacks 11am Train Facts 2:30pm BINGO 3:30pm Ladies Night
<b>12</b> Happy Mother's Day  9:30am Morning Stretch 10:15am Chocolate Strawberries 11:30am Acknowledging All Mothers 1:30 pm Refreshments 2:15pm Sunday Service 3pm Ladies Night	<b>13</b> 9:30am Exercise 10am Fruit Cocktail 11am Word Scramble 1:30pm KAREOKE 2:30 pm Jumbo Words 3:15pm Balloon Volleyball	<b>14</b> <b>National Chocolate Chip</b>  9:30am Chair Exercise 10am Chocolate Chip Cookies 11am Bowling 1:30pm Name the Cookies 2:30 pm Balloon Toss 3:15pm Book Club	<b>15</b> 9am Beauty Salon 10am Apples and Peanut butter 11am Black Jack 1:30pm Exercise 2:30 pm Support Group	<b>16</b>  9:30am Tips & Toes 10am Cheese & Crackers 11am Bible Studies 2:30 pm Music from the 50's 3:15pm Exercise <b>Popeye the Sailor Day</b>	<b>17</b>  9:30am Chair Exercise 10:15am NASCAR Trivia 11am Snacks 1:30pm Movies 3pm Words That Start With N <b>NATIONAL NASCAR DAY</b>	<b>18</b> 9am Walking Club 10am Muffins 10:30am Paper Flower Leis 1:30pm Fab 40's 3:30pm BINGO
<b>19</b> 9am Chair Exercise 10am Strawberry Smoothies 10:30am Bowling 2:30pm Sunday Church 3:15pm Poker Game	<b>20</b> 9am Yoga 10am Celery and Peanut Butter 11am Daily Trivia 1:30pm Exercise 2:30 pm Hats & Tea 3:15pm Balloon Volleyball	<b>21</b> 9am Chair Exercise 10am Strawberry & Cream 11am Spin the Bottle Trivia 1:30pm Bowling 2:30pm Book Club 3:15pm Out Side Art	<b>22</b> <b>80's Fashion</b>  9am Beauty Salon 10am Vanilla Pudding 11am BINGO 1:30pm Exercise 2:30 pm Make A Musical Instrument 3:30pm Hits from the 80's	<b>23</b> 9am Tips and Toes 10am Smoothies 11am Bible Studies 1:30pm Exercise 3:15pm Jumbo Words	<b>24</b> 9am Morning Yoga 10am Snacks 11am Scavenger Hunt 1:30pm Words That Start With S 3:15pm Staff Trivia	<b>25</b> 9am Walking Club 10am Coffee & Banana Muffins 11am Balloon Volleyball 1:30pm Tell Us A Story About You 3:15pm BINGO & Wine
<b>26</b> 9:30am Morning Stretch 10:15am Fruit Cups 11:30am Jumbo Blocks 1:30 pm Refreshments 2:15pm Sunday Service 3pm Ladies Night	<b>27</b> 9am Walking Club 10am Popsicles 11am Word That Start With C 1:30pm Bowling Staff VS. Residents 3:15pm Black Jack	<b>28</b> 9am Walking Club 10am Popcorn 11am Book Club 1:30pm Birthday Celebration 3:15pm BINGO	<b>29</b> 9am Beauty Salon 10am Celery and Peanut Butter 11am Bowling 1:30pm Exercise	<b>30</b> <b>Favorite movie Character</b>  9am Balloon Volleyball 10am Smoothies 11am Bible Studies 1:30pm Exercise 3:15pm Poker	<b>31</b> 9am Morning Yoga 10am Snacks 11am Scavenger Hunt 1:30pm Words That Start With S 3:15pm Crafts	

