






# MARCH 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p style="color: green; font-style: italic;">A great attitude becomes a great day which become a great month which becomes a great year which becomes a great life.</p>				<b>1</b>  9:30am Chair Exercise 10:15am Banana Smoothies 11:15am 60's Music 230 pm Jumbo Blocks 3:15pm Refreshments with Staff	<b>2</b>  9:30am Chair Exercise 10:15am Apples and Oranges 11am Magic Paint 1:30pm Sing-along 2:30pm Snacks 3:30pm HAPPY HOUR
<b>3</b>  9:30am Morning Stretch 10:15am Popcorn 11am Sports Trivia 1:30 pm Refreshments 2:15pm Sunday Service	<b>4</b>  9:30am Exercise 10:15am Strawberry Smoothie 11:30am Door Signs 1:30pm Word Search 2:30 Snacks 3:30pm Resident Council Meeting	<b>5</b>   9:30am Yoga Breathing 10am Cheese and Crackers 10:30am Bird Feeders 1:30pm Music from the 50's 2:30pm BINGO 3:30pm Book Club	<b>6</b>  9am Beauty Salon 10am Banana Smoothie 11am Music with Larry 1:30pm Exercise 230 pm Bottle Trivia 3:15pm Sing-along	<b>7</b>  9am Chair Exercise 10am Bible Studies 11am Word Scramble 1:30pm Popcorn + A Movie 3:15pm Staff Trivia	<b>8</b>  9am Walking Club 10am Coffee and Muffins 11am Family Feud 1:30pm Words That Start With 3:15pm Facts About Today	<b>9</b>  9:30am Chair Exercise 10am POPCORN 11am Black Jack 2:30pm BINGO 3:30pm Sing-along
<b>10</b>  9:30am Morning Stretch 10:15am Chocolate Muffins 11:30am Word Search 1:30 pm Refreshments 2:15pm Sunday Service 3pm 60's Music	<b>11</b>  9:30am Exercise 10am Grapes and Bananas 11am Word Scramble 1:30pm KAREOKE 230 pm Jumbo Words 3:15pm Balloon Volleyball	<b>12</b>  9:30am Chair Exercise 10am PB&J's 11am Creative Craft 1:30pm Resident Trip 230 pm Music from the 40's 3:15pm Book Club	<b>13</b>  9am Beauty Salon 10am Apples and Peanut butter 11am Music with Mike 1:30pm Exercise 230 pm BINGO 3pm Oak Manor Sing Along	<b>14</b> <span style="font-style: italic;">PI DAY</span>  9:30am Exercise 10am Apple Pie + Iced Tea 11am Bible Studies 230 pm Music from the 50's 3:15pm Balloon Volleyball	<b>15</b>  9:30am Chair Exercise 10:15am Tips + Toes 11am Snacks 1:30pm Movies	<b>16</b>  9am Walking Club 10am PB+J 11am Sing-along 1:30pm Fab 40's 3:15pm Lady's Night
<b>17</b> <span style="color: green; font-weight: bold;">Happy St. Patrick day</span>   9:30am Chair Exercise 10:15am Lucky Fruit Salad 11:30am Lucky Clovers 1:30 pm Green Smoothies 2:15pm Sunday Service 3pm Oldies but Goodies	<b>18</b>  9am Yoga 10am Oranges + Apples 11am PUZZLES 1:30pm Exercise 230 pm BINGO 3:15pm Balloon Volleyball	<b>19</b>  9am Chair Exercise 10am Garden Snacks 11am Spin the Bottle 1:30pm Walmart Shopping 2:30pm Book Club 3:15pm Facts About Today	<b>20</b>  9am Beauty Salon 10am Fruit salad 11am Goodies for Pets 1:30pm Exercise 230 pm Arts + Crafts 3:30pm Support Group	<b>21</b>  9am Tips + Toes 10am PB+J 11am Bible Studies 1:30pm Exercise 230 pm BINGO 3:15pm Crosswords	<b>22</b>  9am Morning Yoga 10am Rice Krispy Snacks 11am Social with Your Team 1:30pm Music from the Past 3:15pm Staff Trivia	<b>23</b>  9am Walking Club 10am Coffee + Banana Muffins 11am Balloon Volleyball 1:30pm Corn Hole 3:15pm BINGO 
<b>24</b>  9:30am Morning Stretch 10:15am Chips + Salsa 11:30am Jumbo Blocks 1:30 pm Refreshments 2:15pm Sunday Service 3pm Poker Night	<b>25</b>  9am Walking Club 10am Strawberry Smoothies 11am Word That Start With M 1:30pm Bowling Staff VS. Residents 3:15pm Ladies Night	<b>26</b>  9am Walking Club 10am PB+J 11am Tell US a Fact 1:30pm Book Club 3:15pm BINGO	<b>27</b>   9:30am Beauty Salon 10:15am Apples + Peanut Butter 11am Chair Exercise 2:30pm March Birthday Celebration	<b>28</b>  9am Exercise 10am Coffee and Muffins 11am Tips + Toes 1:30pm Popcorn + A Movie 3:15pm Facts About Today	<b>29</b>  9am Walking Club 10am PB+J 11am Tell US a Fact 1:30pm Book Club 3:15pm BINGO	<b>30/31</b>  9:30am Chair Exercise 10am snacks 11am BINGO 130pm Word Scramble 3pm Arts + Craft