


# JULY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:30am Exercise 10:15am Coffee & Tea 11:30am Tell Us Something 1:30pm Find the Words 2:30 Resident Conceal 3:30pm Name the Flowers	<b>2</b> 9:30am Yoga Breathing 10am Cheese and crackers 10:30am BINGO 1:30pm Word Scramble 3:30pm Book Club	<b>3</b> 9am Beauty Salon 10am Bahana Smoothie 11am Music with Larry 1:30pm Chair Exercise 3:15pm Music Trivia	<b>4</b> 9:30am Garden Exercise 10am celery and peanut butter 10am Bible Studies 11am Popsicle time <b>Happy 4<sup>th</sup> of July!</b>	<b>5</b> 9am Morning Exercise 11am Bahana and Apples 1:30pm sunshine with Friends 3pm BINGO 4pm Music from The Past	<b>6</b> 9:30am Chair Exercise 10am Ice Cream Cones 11am Balloon Volleyball 2:30pm Words that Start P 3:30pm Ladies Night
<b>7</b> 9:30am Morning Stretch 10:15am Disney Facts 1:30 pm Refreshments 2:15pm Sunday Service 3pm Ladies Night	<b>8</b> 9:30am Exercise 10am Iced Tea and Cookies 11am Word Scramble 1:30pm KAREOKE 2:30 pm Jumbo Words 3:15pm Balloon Volleyball	<b>9</b> 9:30am Chair Exercise 10am Chocolate Chip Cookies 11am Bowling 1:30pm Memory (the card game) 2:30 pm Balloon Toss	<b>10</b> 9am Beauty Salon 10am Peanut Butter Cookies 11am Black Jack 1:30pm Exercise 2:30 pm Support Group	<b>11</b> 9:30am Tips & Toes 10am Cheese & Crackers 11am Bible Studies 2:30 pm Music from the 50's 3:15pm Exercise	<b>12</b> 9:30am Chair Exercise 10:15am YARD SALE 11am Snacks 1:30pm Movies 3pm Words That Start With N	<b>13</b> 9am Walking Club 10am Muffins 10:30am YARD SALE 1:30pm Fab 40's 3:30pm BINGO
<b>14</b> 9am Chair Exercise 10am Apples and oranges 10:30am Bowling 2:30pm Sunday Church 3:15pm Poker Game	<b>15</b> 9am Yoga 10am Root Beer Float 11am Daily Trivia 2:30 pm Hats & Tea 3:15pm Balloon Volleyball	<b>16</b> 9am Chair Exercise 10am Muffins 11am Card Game (Go Fish) 1:30pm Bowling 2:30pm Book Club 3:15pm Out Side Art	<b>17</b> 9am Beauty Salon 10am Vanilla Pudding 11am BINGO 1:30pm Exercise 2:30 pm Ladies Night	<b>18</b> 9am Tips and Toes 10am Vanilla Milkshake 11am Bible Studies 1:30pm Exercise 3:15pm Jumbo Words	<b>19</b> 9am Morning Yoga 10am Snacks 11am Scavenger Hunt 1:30pm Water Activities 3:15pm Staff Trivia	<b>20</b> 9am Walking Club 10am Coffee & Bahana Muffins 11am Balloon Volleyball 1:30pm Tell Us A Story About You 3:15pm BINGO & Wine
<b>21</b> 9:30am Morning Stretch 10:15am Fruit Cups 11:30am Jumbo Blocks 1:30 pm Refreshments 2:15pm Sunday Service 3pm Ladies Night	<b>22</b> 9am Walking Club 10am Popsicles 11am Word That Start With C 1:30pm Bowling 3:15pm Blackjack	<b>23</b> 9am Walking Club 10am Strawberry Parfait Day 11am Book Club 1:30pm Poker Game 3:15pm BINGO	<b>24</b> 9am Beauty Salon 10am BINGO 11am Popsicles & Sunshine 1:30pm Exercise 2pm June Birthday	<b>25</b> 9am Balloon Volleyball 10am Chocolate pudding 11am Bible Studies 1:30pm Exercise 3:15pm Poker	<b>26</b> 9am Morning Yoga 10am Snacks 11am Scavenger Hunt 1:30pm Words That Start With 3:15pm Crafts	<b>27</b> 9am BINGO 10am Root Beer Float 11am Daily Trivia 1:30pm Exercise 3:15pm Balloon Volleyball
<b>28</b> 9am Chair Exercise 10am 10:30am Bowling 2:30pm Sunday Church 3:15pm Poker Game	<b>29</b> 9am Beauty Salon 10am Vanilla Pudding 11am BINGO 1:30pm Exercise 2:30 pm Trivia	<b>30</b> 9:30am Chair Exercise 10am Chocolate Chip Cookies 11am Bowling 1:30pm Memory (the card game) 2:30 pm Balloon Toss	<b>31</b>  9am BINGO 10am Root Beer Float 11am Daily Trivia 1:30pm Exercise 3:15pm Balloon Volleyball			